

# TRANSPORTATION TO ISABELLA FREEDMAN

## CAR

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We are approximately two hours by car from New York City and three hours from Boston in the Connecticut Berkshires. We are located in the North West corner of Connecticut bordering on Massachusetts and New York. There is free parking on site. There are two parking lots located on either side of our retreat center. Parking in front of the guest rooms or on the lawn is not permissible. Our address is 116 Johnson Road Falls Village, CT 06031.

## TRAIN

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MetroNorth (Harlem Line) from New York City to Wassaic, NY. Train schedules are available on MetroNorth's website (NYC to Wassaic, NY).

From Grand Central Terminal at 42nd Street (or Harlem – 125th Street), take the MetroNorth Harlem line to the Wassaic train station. The train ride takes about two hours and ten minutes, and Wassaic is about a 30-minute drive to the retreat center.

Isabella Freedman offers a shuttle to and from Wassaic Train Station for select retreats. Shuttle service is only available at the beginning and end of retreats at designated times. Shuttle reservations must be made a week in advance in order to guarantee your spot. The cost and schedule vary depending on the retreat.

If you need to arrive and depart at a different time, you may arrange your own taxi. We are located in a rural area with limited taxi services; we strongly recommend booking your taxi well in advance. Here are some local taxi companies:

Watson Taxi Livery Service - 845-464-8178

Morning Star Car Service - 845-832-7933

## AIRPLANE

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There are several airports approximately two hours from the retreat center. Isabella Freedman does not provide shuttle service from/to airports.. Guests must make their own taxi or rideshare arrangements.

If you fly into one of the following airports, you can take a train from NYC. We provide shuttle service from Wassaic Train Station. We recommend flying into one of these airports.

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**JFK Airport** in New York City, NY is 110 miles (approx. 2 hours 30 minutes by car) from Isabella Freedman. From JFK, take a cab or shuttle to Grand Central Terminal. See the "by train" tab for directions from Grand Central.

**LaGuardia Airport** in New York City, NY is 100 miles (approx. 2 hours 15 minutes by car) from Isabella Freedman. From LaGuardia, take a cab or city bus M60 to the Harlem – 125th Street Station of the Metro-North. See the "by train" tab for directions from the Harlem – 125th Station.

**Newark International Airport** in Newark, NJ is 120 miles (approx. 2 hours 40 minutes by car) from Isabella Freedman. From Newark, take a cab or shuttle to Grand Central Terminal.

There are no shuttles or public transit options available from the following airports. As taxis run over \$100 each way, we recommend renting a car if you plan to fly into one of these airports. We do not recommend flying into one of these airports unless you want to rent a car.

**Albany International Airport** in Albany, NY is 80 miles (approx. 1 hour 45 minutes by car) from Isabella Freedman.

**Stewart Airport** in Newburgh, NY is 65 miles (approx. 1 hour 30 minutes by car) from Isabella Freedman.

**Bradley International Airport** (BDL) in Hartford, CT is 50 miles (approx. 80 minutes by car) from Isabella Freedman.